



# Spring 2012

## FIT 3-0 Group Fitness Rewards Program

It's time to **GET FIT** and stick to your New Year's Resolutions with your choice of Group Fitness Classes! Here's a program that you can stick to, have fun, and get rewards along the way!

Sign up at the front desk of the KLARC with the front desk monitor beginning Wednesday, January 18 through Tuesday, January 31. At that time each participant will obtain a FIT 3-0 card. You will get credit for a **MAXIMUM** of 3 group fitness classes per week. When you come in to attend a group fitness class you need to get your card punched from the front desk monitor. You can begin getting your cards punched on **Wednesday, February 1**.

A reward will be given on class 10, 20, and 30. You have until Friday, April 27 to attend 30 group fitness classes and obtain all 3 prizes. Here is your chance to have some fun while getting into shape.

If you have any questions please contact Annette Stutzman via e-mail [annette.stutzman@bucknell.edu](mailto:annette.stutzman@bucknell.edu).

